

سوالات استخدامی : زبان تخصصی

- 1 - "to take part in a contest or game " is.....
1. fitness
 2. anatoumy
 3. compete
 4. coaching
- 2 - An.....training involves movement.
1. athletic
 2. intramurd
 3. contest
 4. fitness
- 3 - physical eduation students should take some courses on....?
1. exercise
 2. compete
 3. endarouce
 4. kinesiology
- 4 - Bob participated in ancontest.
1. anatomy
 2. cpmpete
 3. cooching
 4. interscholastic
- 5 - The.....of body is not dependent on gravity.
1. mineral
 2. mass
 3. ligament
 4. musde
- 6 - What does the following sentence wean?"ahmad or foot"
1. ingury
 2. extremity
 3. nuscle
 4. mass
- 7 - Harm done to a person`s or an animals body is
1. ingury
 2. ligament
 3. cartilavge
 4. density
- 8 - the doctor advised Alice to have an other.... after six month
1. cheek of
 2. limb
 3. impulse
 4. complaint
- 9 - "the act listening with a stethoscope" is....
1. limb
 2. osculation
 3. heartbeat
 4. otos cope
- 10 - Jim is one of Dr.Jones....
1. pules
 2. patient
 3. complaint
 4. palpatian
- 11 - An accuratewas made after a series of tests
1. diagnosis
 2. im pulse
 3. check up
 4. limb
- 12 - Mary applide a coldto her ankle
1. hygiene
 2. erutch
 3. comoreess
 4. nerve
- 13 - the movement of blood around the body is...
1. nerve
 2. disorder
 3. circulation
 4. spasm

14-this meat has too much ... on it .

- | | | | |
|---------|------------|--------|------------|
| 1. diet | 2. balance | 3. fat | 4. fatigue |
|---------|------------|--------|------------|

15-what does the folloing sentence wean?"the food that you eat and drink regular.

- | | | | |
|---------|----------------|--------|------------|
| 1. diet | 2. performomce | 3. fat | 4. recovry |
|---------|----------------|--------|------------|

16-Albertsof noise is limited

- | | | | |
|-----------|---------------|--------------|-----------------|
| 1. sprint | 2. prouvision | 3. tolerance | 4. prescription |
|-----------|---------------|--------------|-----------------|

17-"Any of the different in which aset of things com be ordered" is...

- | | | | |
|-------------|--------|---------|----------------|
| 1. recovery | 2. fat | 3. diet | 4. permutation |
|-------------|--------|---------|----------------|

18-what does the following sentence mean ?"athlete"

- | | | | |
|-----------|-------------|---------|------------|
| 1. sprint | 2. sportmon | 3. diet | 4. balomce |
|-----------|-------------|---------|------------|

19-"A short period of ranning : swimming" is...

- | | | | |
|--------------|-----------|-------------|------------|
| 1. toheromce | 2. sprint | 3. glgcogen | 4. fatigue |
|--------------|-----------|-------------|------------|

20-what does the following word mean?"very fast"

- | | | | |
|--------------|-----------|-------------|--------|
| 1. toheromce | 2. sprint | 3. sportman | 4. fat |
|--------------|-----------|-------------|--------|

21 -whiche one is not moan?

- | | | | |
|------------|-----------|---------------|--------|
| 1. balance | 2. sprint | 3. toherounce | 4. act |
|------------|-----------|---------------|--------|

22-Berbard is studying Drawins the ory of.....

- | | | | |
|---------|-----------|--------------|--------------|
| 1. jene | 2. embryo | 3. evolution | 4. organelle |
|---------|-----------|--------------|--------------|

23-wich one is noun?

- | | | | |
|---------|----------|---------|-------------|
| 1. mate | 2. waste | 3. dash | 4. oryamize |
|---------|----------|---------|-------------|

24-one of the races or competition in a sports program.

- | | | | |
|------------|----------|------------|---------|
| 1. javelin | 2. event | 3. pitcher | 4. race |
|------------|----------|------------|---------|

25-the state of being physically healthy and strong.

- | | | | |
|-------------|------------|------------|---------|
| 1. coaching | 2. compete | 3. fitness | 4. gene |
|-------------|------------|------------|---------|

26-A...can be a bodily disorder or disease , a malody or an ailment.

- | | | | |
|---------------|-------------|--------------|-------------|
| 1. com plaint | 2. check up | 3. palpation | 4. otoscope |
|---------------|-------------|--------------|-------------|

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1- The substance such as sugar that consists of carbon, hydrogen, and oxygen is called

- | | | | |
|-----------------|------------|------------|----------|
| 1. carbohydrate | 2. vitamin | 3. mineral | 4. water |
|-----------------|------------|------------|----------|

2- A competition in which people try to win sth is called

- | | | | |
|------------|------------|-------------------|---------------|
| 1. Compete | 2. Contest | 3. Administration | 4. Curriculum |
|------------|------------|-------------------|---------------|

3- Inactive people have less muscle than sportsmen .

- | | | | |
|------------|---------------|--------------|-----------|
| 1. Density | 2. Relaxation | 3. Extremity | 4. Trauma |
|------------|---------------|--------------|-----------|

4- The process of becoming smaller and thicker is called

- | | | | |
|---------------|----------------|----------------|------------|
| 1. Relaxation | 2. Contraction | 3. Hypertrophy | 4. Tension |
|---------------|----------------|----------------|------------|

5- A person who receives treatment from a particular doctor, is called

- | | | | |
|-------------|--------------|---------------|------------|
| 1. otoscope | 2. complaint | 3. percussion | 4. patient |
|-------------|--------------|---------------|------------|

6- "Expenditure" means

- 1. the use of energy, time, materials
- 2. a situation in which different things exist in equal
- 3. the way you do sth
- 4. the food that you eat and drink regularly

7- An accurate was made after a series of tests.

- | | | | |
|-------------|--------------|--------------|--------------|
| 1. complain | 2. diagnosis | 3. palpation | 4. heartbeat |
|-------------|--------------|--------------|--------------|

8- "The treatment of physical problem or an illness" means

- | | | | |
|-----------|------------|-------------|---------------|
| 1. stroke | 2. therapy | 3. disorder | 4. medication |
|-----------|------------|-------------|---------------|

9- You need good hand-eye to play ball games.

- | | | | |
|------------|-------------|-----------------|------------|
| 1. Fitness | 2. Coaching | 3. Coordination | 4. Anatomy |
|------------|-------------|-----------------|------------|

10- An is in the form of drawing that shows the state of health of heart.

- | | |
|-------------------------|----------------------|
| 1. electroencephalogram | 2. otoscope |
| 3. ophthalmoscope | 4. electrocardiogram |

11- The process of adding a phosphate group to an organic molecule is called

- | | |
|------------------|--------------------|
| 1. chromosome | 2. evolution |
| 3. mitochondrion | 4. phosphorylation |

12-A situation in which different things exist in equal, correct or good amounts is named

- | | | | |
|------------|--------|-------------|---------|
| 1. balance | 2. fat | 3. glycogen | 4. diet |
|------------|--------|-------------|---------|

13-The movement of blood around the body is called

- | | | | |
|---------------|----------------|---------------|-------------------|
| 1. ambulation | 2. circulation | 3. medication | 4. rehabilitation |
|---------------|----------------|---------------|-------------------|

14-These guidelines will help you from exercise.

- | | | | |
|--------------|----------------|------------|---------------|
| 1. provision | 2. performance | 3. recover | 4. vegetarian |
|--------------|----------------|------------|---------------|

15-David felt a muscle in his back.

- | | | | |
|------------|----------|-------------|----------|
| 1. hygiene | 2. nerve | 3. compress | 4. spasm |
|------------|----------|-------------|----------|

16-The last stage of the disease is marked by the of rashes on the skin.

- | | | | |
|-----------|---------------|-------------|---------------|
| 1. appear | 2. appearance | 3. apparent | 4. apparently |
|-----------|---------------|-------------|---------------|

17-The electric wheelchair has given Alice greater

- | | | | |
|-------------|-----------------|-----------|-------------|
| 1. mobilize | 2. mobilization | 3. mobile | 4. mobility |
|-------------|-----------------|-----------|-------------|

18-Helen looked and confident before the match.

- | | | | |
|----------|---------------|------------|--------------|
| 1. relax | 2. relaxation | 3. relaxed | 4. relaxedly |
|----------|---------------|------------|--------------|

19-They are planning to children's learning.

- | | | | |
|------------------|-------------------|---------------|-----------------|
| 1. individualize | 2. individualized | 3. individual | 4. individually |
|------------------|-------------------|---------------|-----------------|

20-Before he died he had a large quantity of meat.

- | | | | |
|---------------|----------------|-------------|----------------|
| 1. consumable | 2. consumption | 3. consumed | 4. consumingly |
|---------------|----------------|-------------|----------------|

21-After the cells of the egg divide.

- | | | | |
|--------------|------------------|-----------------|---------------|
| 1. fertilize | 2. fertilization | 3. fertilizable | 4. fertilized |
|--------------|------------------|-----------------|---------------|

22-Dr. Brown is very good at his student.

- | | | | |
|-------------|---------------|-----------------|--------------|
| 1. motivate | 2. motivating | 3. motivational | 4. motivated |
|-------------|---------------|-----------------|--------------|

23-A new organism is by some process of generation.

- | | | | |
|-----------------|--------------|---------------|-----------------|
| 1. reproduction | 2. reproduce | 3. reproduced | 4. reproducible |
|-----------------|--------------|---------------|-----------------|

24-The cut on Bob's hand is

- | | | | |
|---------|------------|--------------|-------------|
| 1. pain | 2. painful | 3. painfully | 4. painfull |
|---------|------------|--------------|-------------|

25-Alice is suffering from a(n) disease.

- | | | | |
|----------------|------------|----------------|-------------|
| 1. respiration | 2. respire | 3. respiratory | 4. respired |
|----------------|------------|----------------|-------------|

26-Which of the following definitions means checkup?

1. the act of examination or exploring by touching an organ or area of a body.
2. An examination of something, especially a medical one to make sure that you are healthy.
3. The medical test that measures and records electrical activity of the heart.
4. An instrument for viewing the anterior of the eye.

27-The patient suffered severe brain

- | | | | |
|-----------|-----------|-----------|------------|
| 1. tissue | 2. tendon | 3. trauma | 4. mineral |
|-----------|-----------|-----------|------------|

28-The delivers or serves the ball to the batter.

- | | | | |
|----------|------------|----------|-----------|
| 1. diver | 2. pitcher | 3. shank | 4. archer |
|----------|------------|----------|-----------|

29-The natural chemical production of a substance in animals and plants is called

- | | | | |
|--------------|-------------|-----------------|---------------|
| 1. synthesis | 2. ribosome | 3. mitochondria | 4. chromosome |
|--------------|-------------|-----------------|---------------|

30-A thin layer of skin that connects or covers parts inside the body ia named

- | | | | |
|--------------|-------------|---------|-------------|
| 1. organelle | 2. membrane | 3. gene | 4. heredity |
|--------------|-------------|---------|-------------|

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1-Select the best choice (a, b, c or d) and mark it on your answer sheet.

the ability to control your movements well

- | | | | |
|---------------|-----------------|------------|--------------|
| 1. curriculum | 2. coordination | 3. contest | 4. Endurance |
|---------------|-----------------|------------|--------------|

2-Fill in the blanks with the correct form of words

John's arms as he walks

- | | | | |
|----------|-------------|-----------|---------------|
| 1. swing | 2. swinging | 3. swings | 4. swingingly |
|----------|-------------|-----------|---------------|

3-strong band of tissue in the body that connects bone support muscles etc.

- | | | | |
|-------------|--------------|-----------|------------|
| 1. ligament | 2. cartilage | 3. muscle | 4. density |
|-------------|--------------|-----------|------------|

4-The mother her child from drowning

- | | | | |
|---------|----------|---------|-----------|
| 1. save | 2. saved | 3. safe | 4. safely |
|---------|----------|---------|-----------|

5-the thickness of a solid liquid or gas measured by its mass.

- | | | | |
|--------------|---------------|------------|------------|
| 1. extremity | 2. relaxation | 3. density | 4. tension |
|--------------|---------------|------------|------------|

6-A new organism is by some process of generation

- | | | | |
|--------------|-----------------|-----------------|---------------|
| 1. reproduce | 2. reproduction | 3. reproducible | 4. reproduced |
|--------------|-----------------|-----------------|---------------|

7-They have finished the of the health care system

- | | | | |
|-------------|---------------|---------------|-----------------|
| 1. evaluate | 2. evaluation | 3. evaluative | 4. evaluatively |
|-------------|---------------|---------------|-----------------|

8-The drug cold symptoms.

- | | | | |
|---------------|--------------|----------------|----------------|
| 1. alleviates | 2. alleviate | 3. alleviation | 4. alleviative |
|---------------|--------------|----------------|----------------|

9-The natural chemical production of a substance in animals and plants.

- | | | | |
|------------|-------------|-----------|--------------|
| 1. spicies | 2. ribosome | 3. zygote | 4. synthesis |
|------------|-------------|-----------|--------------|

10-competition between people animals, vehicles, etc.

- | | | | |
|---------|----------|------------|---------|
| 1. Dash | 2. event | 3. javelin | 4. race |
|---------|----------|------------|---------|

11-there are some that code for the color of the eyes.

- | | | | |
|------------|----------|--------------|-----------------|
| 1. nucleus | 2. genes | 3. ribosomes | 4. mitochondria |
|------------|----------|--------------|-----------------|

12-he is studying food science and

- | | | | |
|---------|--------------|--------------|------------|
| 1. diet | 2. nutrition | 3. depletion | 4. balance |
|---------|--------------|--------------|------------|

13-**they set up a drug centre in the hospital.**

- | | | | |
|---------------|-------------------|---------------|----------------|
| 1. medication | 2. rehabilitation | 3. ambulation | 4. circulation |
|---------------|-------------------|---------------|----------------|

14-**this instrument can measure the nerve**

- | | | | |
|--------------|--------------|-------------|------------|
| 1. heartbeat | 2. diagnosis | 3. check up | 4. Impulse |
|--------------|--------------|-------------|------------|

15-**patient suffered severe brain**

- | | | | |
|-----------|------------|-----------|------------|
| 1. trauma | 2. estress | 3. injury | 4. mineral |
|-----------|------------|-----------|------------|

16-**swimming is a good**

- | | | | |
|-------------|-------------|---------------|-------------|
| 1. athletic | 2. coaching | 3. curriculum | 4. exercise |
|-------------|-------------|---------------|-------------|

17-**comprehension**

physical education is instruction about the physical structure and development of the body, it's physiological and mechanical functions and it's most effective use. this process begins when the young child learns basic movement patterns that provide stimulation to physical development. It continues in later childhood with the development of more complex movement patterns that lead to acquisition of athletic skills. The final phase of this process involves instruction in positive habits that will help to maintain an optimum level of activity that is conducive to good health and fitness throughout life

- | | |
|-----------------------------------|------------------------------------|
| 1. instruction of basic skills | 2. instruction of positive habits |
| 3. instruction of negative habits | 4. instruction of walking patterns |

18-**acquisition is closet meaning to**

- | | | | |
|------------|---------|------------|--------|
| 1. achieve | 2. loss | 3. failure | 4. Ban |
|------------|---------|------------|--------|

19-**in about passage d underlined word (this) refers to**

- | | |
|----------------------------|-------------------------|
| 1. physiological functions | 2. mechanical functions |
| 3. development | 4. physical education |

20-**select the best choice (a, b, c or d)**

Mary's eyes into a thin line.

- | | | | |
|---------------|---------------|----------------|-----------------|
| 1. compresses | 2. compressed | 3. compressive | 4. impressively |
|---------------|---------------|----------------|-----------------|

21-Helen looked and confident before the match.

- | | | | |
|----------|---------------|------------|--------------|
| 1. relax | 2. relaxation | 3. relaxed | 4. relaxedly |
|----------|---------------|------------|--------------|

22-Early of cancers is vitally important

- | | | | |
|---------------|-----------|--------------|--------------|
| 1. detections | 2. detect | 3. detective | 4. detection |
|---------------|-----------|--------------|--------------|

23-The term means to treat with medicine.

- | | | | |
|------------|--------------|-------------|-------------|
| 1. medical | 2. medically | 3. medicate | 4. medicine |
|------------|--------------|-------------|-------------|

24-blood through the body.

- | | | | |
|--------------|----------------|----------------|---------------|
| 1. circulate | 2. circulation | 3. circulatory | 4. circulates |
|--------------|----------------|----------------|---------------|

25-The accident him for life.

- | | | | |
|-------------|------------|----------------|--------------|
| 1. crippled | 2. cripple | 3. cripplingly | 4. crippling |
|-------------|------------|----------------|--------------|

26-this medicine will give you some

- | | | | |
|------------|-------------|-----------|---------------|
| 1. relieve | 2. relieved | 3. relief | 4. relievedly |
|------------|-------------|-----------|---------------|

27-The cut on Bob's hand is

- | | | | |
|---------|------------|--------------|-----------|
| 1. pain | 2. painful | 3. painfully | 4. pained |
|---------|------------|--------------|-----------|

28-A differentiated structure within a cell such as mitochondrion.

- | | | | |
|------------|-------------|-----------------|--------------|
| 1. nucleus | 2. membrane | 3. mitochondria | 4. organelle |
|------------|-------------|-----------------|--------------|

29-A white or yellow substance in the bodies of animals and humans.

- | | | | |
|-------------|--------|------------|------------|
| 1. glycogen | 2. fat | 3. protein | 4. glucose |
|-------------|--------|------------|------------|

30-the scientific study of the chemistry of living things.

- | | | | |
|-----------------|-----------------|-----------------|----------------|
| 1. psychologist | 2. physiologist | 3. biochemistry | 4. mathematics |
|-----------------|-----------------|-----------------|----------------|

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1-Taking place within a single institution is known as

- | | | | |
|---------------|----------------|--------------------|---------------|
| 1. intramural | 2. kinesiology | 3. interscholastic | 4. curriculum |
|---------------|----------------|--------------------|---------------|

2-The article can be used to discussion among students.

- | | | | |
|---------------|-------------------|--------------|----------------|
| 1. stimulated | 2. was stimulated | 3. stimulate | 4. stimulation |
|---------------|-------------------|--------------|----------------|

3-The regular or particular course of study in a school or university is called the

- | | | | |
|-----------------|------------|-------------------|---------------|
| 1. coordination | 2. fitness | 3. administration | 4. curriculum |
|-----------------|------------|-------------------|---------------|

4-..... is the scientific study of the structure of human or animal bodies.

- | | | | |
|-------------------|------------|------------|-------------|
| 1. Administration | 2. Anatomy | 3. Contest | 4. Coaching |
|-------------------|------------|------------|-------------|

5-The doctor believed that the tendon had been subjected to

- | | | | |
|---------|------------|-----------|-----------|
| 1. pain | 2. tension | 3. trauma | 4. tissue |
|---------|------------|-----------|-----------|

6-A muscle is stretched tight.

- | | | | |
|------------|------------|----------|------------|
| 1. tensile | 2. tensely | 3. tense | 4. tension |
|------------|------------|----------|------------|

7-Vitamins are essential for healthy..... .

- | | | | |
|------------|--------------|---------|-----------|
| 1. growing | 2. growingly | 3. grow | 4. growth |
|------------|--------------|---------|-----------|

8-“Reduction in strictness or severity” is called

- | | | | |
|----------------|---------------|---------|------------|
| 1. contraction | 2. relaxation | 3. tear | 4. tension |
|----------------|---------------|---------|------------|

9-A mass of cells that form the different parts of humans, animals and plants is called

- | | | | |
|------------|-----------|-----------|-----------|
| 1. tension | 2. muscle | 3. tissue | 4. trauma |
|------------|-----------|-----------|-----------|

10-By the physician can look for areas of pain or swelling.

- | | | | |
|--------------|---------------|--------------|---------|
| 1. palpation | 2. osculation | 3. structure | 4. test |
|--------------|---------------|--------------|---------|

11-The doctor needed a of his urine.

- | | | | |
|-------------|------------|--------------|----------|
| 1. specimen | 2. impulse | 3. diagnosis | 4. pulse |
|-------------|------------|--------------|----------|

12-You can hear the heartbeats by

- | | | | |
|---------------|---------------|--------------|-------------|
| 1. heartbeats | 2. osculation | 3. complaint | 4. otoscope |
|---------------|---------------|--------------|-------------|

13-The act of tapping to determine by resonance the condition of organs is

- | | | | |
|------------|----------|-----------|-----------|
| 1. | 2. | 3. | 4. |
| percussion | otoscope | diagnosis | palpation |

14-The doctor advised Alice to have another after six month.

- | | | | |
|---------|-----------|-----------|---------|
| 1. | 2. | 3. | 4. |
| symptom | complaint | diagnosis | checkup |

15-After the accident I spent six months on

- | | | | |
|----------|----------|----------|-------|
| 1. | 2. | 3. | 4. |
| compress | crutches | disorder | spasm |

16-Akram always cares about her personal

- | | | | |
|---------|---------|---------|---------|
| 1. | 2. | 3. | 4. |
| cripple | disease | hygiene | illness |

17-The cut on Bob's hand is

- | | | | |
|---------|-----------|---------|------|
| 1. | 2. | 3. | 4. |
| painful | painfully | to pain | pain |

18-The act of helping somebody to have a normal life after they have been very ill is called

- | | | | |
|---------|-----------|----------------|------------|
| 1. | 2. | 3. | 4. |
| hygiene | paralysis | rehabilitation | medication |

19-In some substances are broken down to produce energy for vital processes.

- | | | | |
|-----------|------------|-----------|-------------|
| 1. | 2. | 3. | 4. |
| depletion | metabolism | nutrition | expenditure |

20-Proper and exercise are both important for health.

- | | | | |
|-----------|------|----------|-----|
| 1. | 2. | 3. | 4. |
| depletion | diet | glycogen | fat |

21-..... tissue helps to keep animals warm in cold climates.

- | | | | |
|--------|------------|-----|---------|
| 1. | 2. | 3. | 4. |
| Sprint | Metabolism | Fat | Mineral |

22-Athletes must have the motivation to carry out the training program.

- | | | | |
|------|----|-------|---------|
| 1. | 2. | 3. | 4. |
| make | do | begin | include |

23-There is too much of subjects in universities.

- | | | | |
|----------------|--------------|-------------|------------|
| 1. | 2. | 3. | 4. |
| specialization | specializing | specialized | specialize |

24-That bird has become an end angered.....

- | | | | |
|-----------|-----------|---------|-------|
| 1. | 2. | 3. | 4. |
| evolution | organelle | species | spice |

25-The process of adding a phosphate group to an organic molecule is called

- | | | | |
|------------|--------------|--------------------|-----------------|
| 1. replica | 2. synthesis | 3. phosphorylation | 4. biochemistry |
|------------|--------------|--------------------|-----------------|

26-There are some that code for the color of the eyes.

- | | | | |
|-------------|--------------|---------------|----------|
| 1. membrane | 2. organelle | 3. chromosome | 4. genes |
|-------------|--------------|---------------|----------|

27-He puts a lot of on a tennis ball when hitting it.

- | | | | |
|---------------|-----------|----------|---------|
| 1. trajectory | 2. stride | 3. shank | 4. spin |
|---------------|-----------|----------|---------|

28-Please the wheel through 180 degrees.

- | | | | |
|-----------|-----------|-------------|------------|
| 1. rotary | 2. rotate | 3. rotation | 4. rotates |
|-----------|-----------|-------------|------------|

29-Hamed is already in training for a big

- | | | | |
|---------|----------|--------|----------|
| 1. race | 2. diver | 3. bow | 4. shank |
|---------|----------|--------|----------|

30-Jim is running along the running

- | | | | |
|----------|-----------|----------|----------|
| 1. track | 2. stride | 3. thigh | 4. field |
|----------|-----------|----------|----------|

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15	ب
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18 :	ج
19	ب
20	ب
21	ج
22 :	الف، ب، ج، د
23	الف
24 :	ج
25	ج
26 :	د
27 :	د
28	ب
29	الف
30	الف

1-An training involves movement.

- | | | | |
|-------------|------------|-------------|-------------------|
| 1. athletic | 2. anatomy | 3. coaching | 4. cardiovascular |
|-------------|------------|-------------|-------------------|

2-A competition in which people try to win somebody is called

- | | | | |
|-------------|------------|-------------|------------|
| 1. coaching | 2. process | 3. marathon | 4. contest |
|-------------|------------|-------------|------------|

3-English is the only foreign language that is in the

- | | | | |
|-----------------|---------------|----------------|------------|
| 1. coordination | 2. curriculum | 3. competition | 4. healthy |
|-----------------|---------------|----------------|------------|

4-The state of being physically healthy and strong is called

- | | | | |
|--------------------|-------------|------------|------------------|
| 1. interscholastic | 2. exercise | 3. fitness | 4. participation |
|--------------------|-------------|------------|------------------|

5-Tom played basketball in high school.

- | | | | |
|----------------|--------------------|---------------|---------------|
| 1. kinesiology | 2. track and field | 3. university | 4. intramural |
|----------------|--------------------|---------------|---------------|

6-The strong white flexible substance found between the joints in the body is called

- | | | | |
|--------------|---------|---------|----------------|
| 1. cartilage | 2. bone | 3. knee | 4. contraction |
|--------------|---------|---------|----------------|

7-Inactive people have less muscle than sportsmen.

- | | | | |
|----------------|------------|-----------|-----------|
| 1. extremities | 2. density | 3. tissue | 4. liquid |
|----------------|------------|-----------|-----------|

8-Harm done to a person's or an animal's body is called

- | | | | |
|----------------|-------------|-----------|---------|
| 1. hypertrophy | 2. ligament | 3. injury | 4. mass |
|----------------|-------------|-----------|---------|

9-Reduction in strictness or severity is called

- | | | | |
|------------|---------------|------------|----------|
| 1. regimen | 2. relaxation | 3. mineral | 4. plant |
|------------|---------------|------------|----------|

10-A strong band of tissue in the body that joins a muscle to a bone is called

- | | | | |
|-----------|------------|-----------|-----------|
| 1. stress | 2. tension | 3. trauma | 4. tendon |
|-----------|------------|-----------|-----------|

11-A medical test that measures and records electrical activity of the heart is called

- | | |
|-------------------------|----------------------|
| 1. electroencephalogram | 2. ophthalmoscope |
| 3. otoscope | 4. electrocardiogram |

12-This instrument can measure the nerve

- | | | | |
|-------------|---------|---------------|------------|
| 1. impulses | 2. wing | 3. osculation | 4. eardrum |
|-------------|---------|---------------|------------|

13-A person who receives treatment from a particular doctor, dentist, etc is called

- | | | | |
|------------|------------|----------|-------------|
| 1. illness | 2. patient | 3. pulse | 4. specimen |
|------------|------------|----------|-------------|

14-A is a medical instrument by which a doctor can hear the sound of the hearbeat.

- | | | | |
|---------------|----------------|--------------|---------------|
| 1. percussion | 2. stethoscope | 3. palpation | 4. microscope |
|---------------|----------------|--------------|---------------|

15-The act of walking about or moving from place to place is called

- | | | | |
|----------------|-------------|---------------|------------|
| 1. circulation | 2. compress | 3. ambulation | 4. regimen |
|----------------|-------------|---------------|------------|

16-She was suffering from bowel

- | | | | |
|-----------|-------------|-------------|--------------|
| 1. crutch | 2. disorder | 3. epidemic | 4. community |
|-----------|-------------|-------------|--------------|

17-The act of helping somebody to have anormal, useful life after they have been ill/sick for a long time is called

- | | | | |
|--------------|---------------|------------|-------------------|
| 1. paralysis | 2. medication | 3. hygiene | 4. rehabilitation |
|--------------|---------------|------------|-------------------|

18-Most patient undergo some sort of drug for cancer.

- | | | | |
|-----------|----------|------------|----------|
| 1. stroke | 2. nerve | 3. therapy | 4. spasm |
|-----------|----------|------------|----------|

19-..... in food provide the body with energy and heat.

- | | | | |
|----------------|-----------------|------------|----------|
| 1. expenditure | 2. carbohydrate | 3. fatigue | 4. equal |
|----------------|-----------------|------------|----------|

20-Runners suffer from in this heat.

- | | | | |
|--------------|-------------|----------------|---------------|
| 1. depletion | 2. glycogen | 3. dehydration | 4. relaxation |
|--------------|-------------|----------------|---------------|

21-A feeling of being extremely tired, usually because of hard work or exercise is called

- | | | | |
|-------------|---------------|------------|----------------|
| 1. glycogen | 2. metabolism | 3. fatigue | 4. performance |
|-------------|---------------|------------|----------------|

22-David is one of the top professional of his country.

- | | | | |
|-------------|----------------|-----------------|--------------|
| 1. recovery | 2. permutation | 3. orescription | 4. sportsman |
|-------------|----------------|-----------------|--------------|

23-A passes on and controls the nature, character, etc of a young plant, animal or cell.

- | | | | |
|-----------------|---------------|-----------|------------|
| 1. biochemistry | 2. chromosome | 3. embryo | 4. natutre |
|-----------------|---------------|-----------|------------|

24-There are some that code for the color of the eyes.

- | | | | |
|--------------|-------------|---------|-------------|
| 1. evolution | 2. heredity | 3. gene | 4. membrane |
|--------------|-------------|---------|-------------|

25-..... is the center of activity of living matter.

- | | | | |
|--------------|------------|-----------------|---------|
| 1. organelle | 2. nucleus | 3. mitochondria | 4. food |
|--------------|------------|-----------------|---------|

26-Oxidative is a universal phenomenon.

- | | | | |
|------------|--------------|-----------|--------------------|
| 1. replica | 2. ribosomes | 3. zygote | 4. phosphorylation |
|------------|--------------|-----------|--------------------|

27-An shoots arrows from a bow, either as a sport or (formerly) in war.

- | | | | |
|--------|----------|---------|-----------|
| 1. bow | 2. diver | 3. dash | 4. archer |
|--------|----------|---------|-----------|

28-The 800 meters is the fourth of the afternoon.

- | | | | |
|----------|------------|------------|-----------|
| 1. event | 2. javelin | 3. pitcher | 4. string |
|----------|------------|------------|-----------|

29-He puts a lot of on a tennis ball when hitting it.

- | | | | |
|-----------|----------|---------|-------------|
| 1. stride | 2. shank | 3. spin | 4. vehicles |
|-----------|----------|---------|-------------|

30-Jim is running along the running

- | | | | |
|---------------|----------|------------|----------|
| 1. trajectory | 2. track | 3. take of | 4. thigh |
|---------------|----------|------------|----------|

شماره سوال	پاسخ صحیح
1	الف
2	الف، ب، ج، د
3	الف، ب، ج، د
4	ج
5	د
6	الف
7	ب
8	ج
9	ب
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12	الف
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16	ب
17	الف، ب، ج، د
18	ج
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20	ج
21	ج
22	د
23	ب
24	ج
25	الف، ب، ج، د
26	د
27	د
28	الف
29	ج
30	ب

1-an instrument for examining the interior of the ear

- | | |
|----------------|----------------------|
| 1. otoscope | 2. ophthalmoscope |
| 3. stethoscope | 4. electrocardiogram |

2-the movement or sound of the heart as it pumps blood around the body

- | | | | |
|------------|--------------|--------------|--------------|
| 1. Impulse | 2. palpation | 3. diagnosis | 4. heartbeat |
|------------|--------------|--------------|--------------|

3-the central part of some cells containing the genetic material.

- | | | | |
|------------|--------------|-------------|-----------|
| 1. nucleus | 2. organelle | 3. membrane | 4. embryo |
|------------|--------------|-------------|-----------|

4-a substance such as sugar that consist of carbon, hydrogen and oxygen.

- | | | | |
|----------|------------|-----------------|-------------|
| 1. lipid | 2. protein | 3. carbohydrate | 4. glycogen |
|----------|------------|-----------------|-------------|

5-a large number of cases of a particular disease happening at the same time in a particular community.

- | | | | |
|-------------|-------------|---------------|-----------|
| 1. pandemic | 2. epidemic | 3. medication | 4. stroke |
|-------------|-------------|---------------|-----------|

6-Part (C): Cloze passage

Fill in the blank with correct words (questions 25–30).

The abdomen is25..... for swelling, scars, rashes or injuries. By26..... the physician can look for areas of pain or swelling. By27..... he can determine the presences of solid organs or tumors. By28.....he can hear bowel sounds. The rectum and lower colon can be seen by a29.....inserted into the rectum. For women a30.....test is done to detect early signs of cancer of the cervix.

- | | | | |
|--------------|--------------|-------------|----------|
| 1. pressured | 2. inspected | 3. Listened | 4. noted |
|--------------|--------------|-------------|----------|

7-In fact, any whole organism is a bundle of adaptation.

- | | | | |
|-----------|--------------|-------------|------------|
| 1. spices | 2. evolution | 3. A lot of | 4. made up |
|-----------|--------------|-------------|------------|

8-Heat may be administered by hot water compresses or warm baths, by high frequency electrical diathermy apparatus.

- 1. wire
- 2. device
- 3. system
- 4. treatment

9-The term refers to the teaching or training of a person or a group of people to play a sport.

- 1. coordination
- 2. coaching
- 3. administration
- 4. contest

10-The ability to continue doing sth difficult or painful for a long period of time is called

- 1. endurance
- 2. fitness
- 3. coordination
- 4. exercise

11-Bob is reading a book on the of human body.

- 1. intramural
- 2. interscholastic
- 3. compete
- 4. structure

12-"only highly skilled individuals are able to take part in interscholastic competition," what is the meaning of take part in this sentence?

- 1. keep
- 2. participate
- 3. use
- 4. have

13-What is the reference of "it" in the following sentence?

"Physical education begins as soon as the child starts to explore the environment and learns to deal with it to satisfy physical and psychological needs"

- 1. Physical education
- 2. physical and psychological needs
- 3. environment
- 4. learns

14-"Dehydration is equally as effective in accelerating the onset of fatigue, as is muscle glycogen depletion, but potentially more of a health threat." Onset means

- 1. tolerance
- 2. permutation
- 3. beginning
- 4. based on

15-The gradual development of animals, plants, etc over many years from simple to more complicated forms, is called

- 1. biochemistry
- 2. synthesis
- 3. evolution
- 4. replica

16- is a process in which a complex substance is formed from other substances.

- | | | | |
|--------------|------------|---------------|-----------|
| 1. synthesis | 2. replica | 3. metabolism | 4. embryo |
|--------------|------------|---------------|-----------|

17-Our team was from the competition in the first round.

- | | | | |
|--------------|---------------|-------------|-------------|
| 1. performed | 2. eliminated | 3. provided | 4. competed |
|--------------|---------------|-------------|-------------|

18-The performed somersaults before entering the water.

- | | | | |
|----------|------------|-----------|---------|
| 1. diver | 2. pitcher | 3. archer | 4. spin |
|----------|------------|-----------|---------|

19-The part of a person's or an animal's leg between the knee and ankle is called

- | | | | |
|----------|----------|--------|----------|
| 1. thigh | 2. elbow | 3. hip | 4. shank |
|----------|----------|--------|----------|

20-"dash" means

- | | | | |
|----------|---------|---------|-----------|
| 1. track | 2. jump | 3. slow | 4. sprint |
|----------|---------|---------|-----------|

1-The term..... Refers to “ one of the races or competitions in a sports program”.

- | | | | |
|----------|------------|------------|---------------|
| 1. event | 2. javelin | 3. pitcher | 4. projectile |
|----------|------------|------------|---------------|

2-The term refers to “ the scientific study of the structure of human or animal bodies.”

- | | | | |
|----------------|---------------|------------|---------------|
| 1. kinesiology | 2. psychology | 3. anatomy | 4. physiology |
|----------------|---------------|------------|---------------|

3-Proper And exercise is both important for health.

- | | | | |
|------------|--------------|-----------|---------|
| 1. dietary | 2. dietarian | 3. deific | 4. diet |
|------------|--------------|-----------|---------|

4-The skiers were over the ice.

- | | | | |
|----------|-----------|------------|--------------|
| 1. glide | 2. glider | 3. gliding | 4. glidingly |
|----------|-----------|------------|--------------|

5-They have fished the of the health care system.

- | | | | |
|---------------|-------------|---------------|--------------|
| 1. evaluation | 2. evaluate | 3. evaluating | 4. evaluated |
|---------------|-------------|---------------|--------------|

6-That drug,.... cold symptoms.

- | | | | |
|------------|--------------|----------|-----------|
| 1. inspect | 2. alleviate | 3. relax | 4. stress |
|------------|--------------|----------|-----------|

7- The can move around the knee joint.

- | | | | |
|-----------|---------|----------|---------------|
| 1. archer | 2. spin | 3. shank | 4. projectile |
|-----------|---------|----------|---------------|

8-Public health officials were called to the factory

- | | | | |
|---------------|-------------|--------------|------------|
| 1. inspection | 2. inspects | 3. inspector | 4. inspect |
|---------------|-------------|--------------|------------|

9-The of heart muscles results in expelling the blood from the heart.

- | | | | |
|----------------|----------------|------------|-----------|
| 1. contraction | 2. hypertrophy | 3. density | 4. extend |
|----------------|----------------|------------|-----------|

10-A sudden and often painful tightening of a muscle, which you cannot control.

- | | | | |
|----------------|----------|-------------|----------------|
| 1. contraction | 2. spasm | 3. breakage | 4. dislocation |
|----------------|----------|-------------|----------------|

11-she failed to all the requirements for entry to the university.

- | | | | |
|------------|----------|------------|------------|
| 1. product | 2. creat | 3. satisfy | 4. prepare |
|------------|----------|------------|------------|

12-They are concerned about the high cost of medical services.

- | | | | |
|----------|--------------|----------------|-----------------|
| 1. basic | 2. structure | 3. instruments | 4. adminstering |
|----------|--------------|----------------|-----------------|

13-what is the synonym of "illness"?

- | | | | |
|--------------|-----------|----------|------------|
| 1. complaint | 2. trauma | 3. wound | 4. comfort |
|--------------|-----------|----------|------------|

14-physical education in the emphasizes the evaluation of basic movements.

- | | |
|------------------|----------------------|
| 1. college | 2. high school |
| 3. middle grades | 4. elementary school |

15-What is the mitochondrion?

1. The central part of some cells, containing the material
2. A very small, round particle composed of RNA and protein found in the cytoplasm of living cells.
3. A spherical or elongated organelle in the cytoplasm of nearly all eukaryotic cells.
4. A unit inside a cell which controls a particular quality in a living thing that has been passed on from its parents.

16-" the act of listening with a stethoscope" is named

- | | | | |
|---------------|--------------|-------------|-------------------|
| 1. Osculation | 2. Palpation | 3. Otoscope | 4. Ophthalmoscope |
|---------------|--------------|-------------|-------------------|

17-An accurate was made after a series of tests.

- | | | | |
|-------------|--------------|--------------|-------------|
| 1. complain | 2. diagnosis | 3. palpation | 4. hearbeat |
|-------------|--------------|--------------|-------------|

18-In the 100 meter, the runners must run very fast.

- | | | | |
|---------|----------|----------|-------------|
| 1. dash | 2. event | 3. spear | 4. distance |
|---------|----------|----------|-------------|

19-Only highly skilled individuals are able to in interscholastic competition.

- | | | | |
|---------------|---------------|--------------|-------------|
| 1. coordinate | 2. competence | 3. take part | 4. compelet |
|---------------|---------------|--------------|-------------|

20-"The treatment of physical problem or an illness" means

- | | | | |
|-----------|------------|-------------|---------------|
| 1. stroke | 2. therapy | 3. disorder | 4. medication |
|-----------|------------|-------------|---------------|

21-Dehydration is equally as in accelerating the onest of fatigue.

- | | | | |
|--------------|------------|-------------|--------------|
| 1. allevated | 2. recover | 3. consider | 4. effective |
|--------------|------------|-------------|--------------|

22-What is the synonym of " seriously"?

- | | | | |
|--------------|---------------|----------------|---------------|
| 1. perfectly | 2. critically | 3. dangerously | 4. materially |
|--------------|---------------|----------------|---------------|

23-In fact, any whole organism is a of adaptation.

- | | | | |
|---------|------------|-----------|------------|
| 1. part | 2. element | 3. bundle | 4. segment |
|---------|------------|-----------|------------|

24-There is too much of subjects in universities.

- | | | | |
|-----------|-------------------|-------------|----------------|
| 1. course | 2. specialization | 3. circulum | 4. duplication |
|-----------|-------------------|-------------|----------------|

- 25- is a process in which a complex substance is formed from other substance.
1. synthesis
 2. species
 3. reproduction
 4. development
- 26- Bob did not slow his until he was face to face with us.
1. stride
 2. glide
 3. slide
 4. stripe
- 27- " the curved path of sth that has been hit, thrown or fired into the air" is named
1. projectile
 2. javelin
 3. trajectory
 4. pitcher
- 28- are expected to be fair and have polite behavior when playing a sport or a game.
1. prescription
 2. participates
 3. sportsmen
 4. spices
- 29- Bernard is studying Darwin's theory of
1. alleviate
 2. development
 3. evolution
 4. reproduction
- 30- she had to take a of her blood.
1. percussion
 2. pulse
 3. specimen
 4. symptom

نمبر رد سوال	ياسخ صحيح
۱	الف
۲	ج
۳	د
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۵	الف
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۳۰	ج

1- Part (A): Vocabulary

select the best choice (a,b,c,d) and mark it on your answer sheet.

" The process or act of organizing the way sth is done" is called..... .

- | | | | |
|-------------|---------------|--------------|-------------------|
| 1. coaching | 2. curriculum | 3. diagnosis | 4. administration |
|-------------|---------------|--------------|-------------------|

2- "the state of being stretched tight" means..... .

- | | | | |
|---------|-------------|-----------|------------|
| 1. tear | 2. pressure | 3. tissue | 4. tension |
|---------|-------------|-----------|------------|

3- is an instrument for examining the interior of the ear.

- | | | | |
|-------------|---------------|----------------|-------------------|
| 1. otoscope | 2. osculation | 3. stethoscope | 4. ophthalmoscope |
|-------------|---------------|----------------|-------------------|

4- the act of tapping to determine by resonance the condition of internal organs" is named..... .

- | | | | |
|--------------|--------------|--------------|---------------|
| 1. diffusion | 2. palpation | 3. diagnosis | 4. percussion |
|--------------|--------------|--------------|---------------|

5- "the movement of blood around the body" is called..... .

- | | | | |
|---------------|----------------|-------------|---------------|
| 1. conclusion | 2. circulation | 3. aciculum | 4. curriculum |
|---------------|----------------|-------------|---------------|

6- " any of the long thin threads that carry message between the brain and parts of the body, enabling you to move, feel pain, etc." is

- | | | | |
|----------|----------|----------|----------------|
| 1. pulse | 2. radar | 3. nerve | 4. spinal cord |
|----------|----------|----------|----------------|

7- "performance" is

1. the use of energy
2. the way you do sth.
3. the ability to do sth
4. the act of supplying sb with sth that they need or want

8- " the natural chemical production of a substance in animals and plants" is called..... .

- | | | | |
|---------------|---------|--------------|-------------|
| 1. chromosome | 2. gene | 3. synthesis | 4. ribosome |
|---------------|---------|--------------|-------------|

9- who is pitcher?

1. The player who take the ball
2. The player who throws the ball
3. A person who shoots with a bow and arrow
4. A person who jumps into the water with their head first and their arms in front of them.

10- "A piece of ground with a special surface for people, cars, etc. to have races on" is

- | | | | |
|----------|-----------|---------|----------|
| 1. track | 2. stride | 3. race | 4. event |
|----------|-----------|---------|----------|

11-You are responsible for the.....of health care of the team.

- | | | | |
|----------------|-------------|--------------|-----------------|
| 1. permutation | 2. recovery | 3. provision | 4. prescription |
|----------------|-------------|--------------|-----------------|

12-A(n).....is a single complete rotation of a body about the axis.

- | | | | |
|----------|----------|---------|-------------|
| 1. twist | 2. glide | 3. roll | 4. rotation |
|----------|----------|---------|-------------|

13-which of mentions describes a situation in which all parts of an object move the same distance in the same direction?

- | | |
|-------------------|--------------------------------------|
| 1. Linear motion | 2. angular motion |
| 3. general motion | 4. combination of linear and angular |

14-In the united states, a director of training program or a coach is required to have a(n)..... .

- | | | | |
|---------------|------------------|----------------|-------------|
| 1. dedication | 2. certification | 3. association | 4. alliance |
|---------------|------------------|----------------|-------------|

15-"the act of helping sb to have a normal, useful life after they have been very ill/sick for a long time" is named

- | | | | |
|------------|--------------|----------|-------------------|
| 1. hygiene | 2. paralysis | 3. spasm | 4. rehabilitation |
|------------|--------------|----------|-------------------|

16-The human passes through a number of stage before birth.

- | | | | |
|------------|---------|-----------|-----------|
| 1. species | 2. gene | 3. embryo | 4. zygote |
|------------|---------|-----------|-----------|

17-our team was from the competition in the first round.

- | | | | |
|----------------|--------------|---------------|----------------|
| 1. elimination | 2. eliminate | 3. eliminated | 4. eliminative |
|----------------|--------------|---------------|----------------|

18-During training and competition always reduces.

- | | | | |
|-----------|------------|-----------------|--------------------|
| 1. sprint | 2. fatigue | 3. coiled chain | 4. muscle glycogen |
|-----------|------------|-----------------|--------------------|

19-Paul has agreed to implement the team manager's

- | | |
|----------------|--------------------|
| 1. recommend | 2. recommendations |
| 3. recommended | 4. recommendable |

20-Regardless of the of the items, the result will be the same.

- | | | | |
|--------------|-------------|-----------------|----------------|
| 1. Provision | 2. Recovery | 3. Prescription | 4. Permutation |
|--------------|-------------|-----------------|----------------|

21-Connective tissue can experience stress relaxation and creep during

- | | | | |
|---------|-------------|------------|-------------|
| 1. rest | 2. exercise | 3. driving | 4. sleeping |
|---------|-------------|------------|-------------|

22- Part(B): Choose the best with the nearest meaning to underlined word and then mark it in your answer sheet.

Physical therapy is administered with the guidance of the physician.

- | | | | |
|---------|-------------|-------------|------------|
| 1. held | 2. provided | 3. prepared | 4. managed |
|---------|-------------|-------------|------------|

23- In sport, a mix of liner and angular movement most commonly occurs, with angular movement playing the dominant role.

- | | | | |
|--------------|------------|------------|--------------|
| 1. important | 2. massive | 3. prevent | 4. prevalent |
|--------------|------------|------------|--------------|

24- The patient suffered sever brain trauma.

- | | | | |
|---------|-----------|----------|----------|
| 1. wind | 2. wonder | 3. would | 4. wound |
|---------|-----------|----------|----------|

25- They were concerned about the depletion of food supplies.

- | | | | |
|-------------|------------|------------|----------------|
| 1. decrease | 2. prepare | 3. consume | 4. expenditure |
|-------------|------------|------------|----------------|

26- The footballers and the ball can both be projectiles.

- | | | | |
|-----------|-----------|------------|----------|
| 1. stride | 2. thrown | 3. javelin | 4. shank |
|-----------|-----------|------------|----------|

27- In fact, any whole organism is a bundle of adaptation.

- | | | | |
|-----------|-------------|-------------|----------|
| 1. scarce | 2. capacity | 3. A lot of | 4. fewer |
|-----------|-------------|-------------|----------|

28- the overriding purpose of living organisms is the universal one of survival to reproduce.

- | | | | |
|---------------|-------------------|------------|-------------|
| 1. regardless | 2. most important | 3. deficit | 4. overview |
|---------------|-------------------|------------|-------------|

29- physical therapy consists of the evaluation and treatment of patients disabled by disease, accident or stress.

- | | | | |
|----------------|---------------|----------------|-------------|
| 1. Includes of | 2. Despite of | 3. Medicate of | 4. Although |
|----------------|---------------|----------------|-------------|

30- The students of our university in all forms of track and field.

- | | | | |
|--------------|-------------|-------------|-----------------|
| 1. involving | 2. involves | 3. involved | 4. are involved |
|--------------|-------------|-------------|-----------------|

شماره سوال	پاسخ صحیح
۱	د
۲	د
۳	الف
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۲۵	الف
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۳۰	ب

Part I. Select the best choice (a, b, c, or d) and mark it on your answer sheet.

1-Some activities are scheduled for improving your physical

- | | | | |
|---------------|-------------------|-----------------|------------|
| 1. curriculum | 2. administration | 3. coordination | 4. anatomy |
|---------------|-------------------|-----------------|------------|

2- is the science dealing with the interrelationship of the physical processes and anatomy of the human body with respect to movement.

- | | | | |
|-------------------|----------------|---------------|---------------|
| 1. cardiovascular | 2. kinesiology | 3. intramural | 4. curriculum |
|-------------------|----------------|---------------|---------------|

3-Everybody praised David for his skills in of the team.

- | | | | |
|--------------------|-------------|------------|------------|
| 1. track and field | 2. coaching | 3. compete | 4. contest |
|--------------------|-------------|------------|------------|

4-The child is normally.

- | | | | |
|------------------|----------------|--------------|---------------|
| 1. developmental | 2. development | 3. developed | 4. developing |
|------------------|----------------|--------------|---------------|

5-The process of becoming smaller and thicker is called

- | | | | |
|----------------|------------|----------------|---------|
| 1. contraction | 2. density | 3. hypertrophy | 4. mass |
|----------------|------------|----------------|---------|

6-Two players are out of the team because of

- | | | | |
|----------------|----------------|-----------|---------------|
| 1. contraction | 2. hypertrophy | 3. injury | 4. relaxation |
|----------------|----------------|-----------|---------------|

7-"Trauma" means

- 1. reduction in strictness
- 2. an injury
- 3. a hand or foot
- 4. abnormal enlargement of a part, organ or tissue

8-An is in the form of drawing that shows the state of health of heart.

- | | |
|----------------------|-------------------------|
| 1. electrocardiogram | 2. electroencephalogram |
| 3. otoscope | 4. ophthalmoscope |

9-You can hear the heartbeats by

- | | |
|---------------|----------------------|
| 1. osculation | 2. impulse |
| 3. palpation | 4. electrocardiogram |

10-A person who receives treatment from a particular doctor, is called

- | | | | |
|-------------|--------------|---------------|------------|
| 1. otoscope | 2. complaint | 3. percussion | 4. patient |
|-------------|--------------|---------------|------------|

- 11- **Early of cancers is vitally important.**
1. detect
 2. detection
 3. detectable
 4. detected
- 12- **The movement of blood around the body is called**
1. medication
 2. disorder
 3. circulation
 4. ambulation
- 13- **Robert had of the left arm and leg after his accident.**
1. circulation
 2. paralysis
 3. disorder
 4. hygiene
- 14- **The brain is the center of the body.**
1. stroke
 2. nerve
 3. disorder
 4. spasm
- 15- **That drug cold symptoms.**
1. circulates
 2. crippled
 3. restored
 4. alleviates
- 16- **The act of reducing sth by a large amount so that there is not enough left, is called**
1. balance
 2. diet
 3. depletion
 4. expenditure
- 17- **"Expenditure" means**
1. the use of energy, time, materials
 2. a situation in which different things exist in equal
 3. the way you do sth
 4. the food that you eat and drink regularly
- 18- **A person who does not eat meat or fish, is called**
1. sprint
 2. fan
 3. vegetarians
 4. sportsman
- 19- **..... tissue helps to keep animals warm in cold climates.**
1. carbohydrate
 2. fat
 3. metabolism
 4. glycogen
- 20- **Barbara's in the exams was bad.**
1. performed
 2. performable
 3. perform
 4. performance
- 21- **Bernard is studying Darwin's theory of**
1. replica
 2. phosphorylation
 3. embryo
 4. evolution

22- "Species" means

1. a group into which animals, plants, etc, that are able to breed with each other are divided
2. the cell formed by two gametes
3. the gradual development of animals, plants over many years
4. the central part of same cells

23- Bees are of flowers.

1. fertilize
2. fertilizers
3. fertilization
4. fertilizable

24- "Stride" means

1. very fast
2. event
3. one long step
4. a device used for shooting arrows

Part II. Read the following passage and answer questions 25 to 30.

In sport there are many events in which athletes and objects are projected (or propelled) into the air. The projectiles can be golf balls, basketballs, javelins, or in jumping events, gymnastics, and diving, the athletes themselves. These sports all require an athlete to manipulate, control, or assess the flight path that occurs. For example a high jumper aims for height, distance, and rotation so that she can successfully clear the bar. An archer angles the bow and pulls the string back the correct distance so that the arrow flies to the bull's-eye. A diver looks for a flight path at takeoff that gives her adequate time in the air to perform the required twists and somersaults and line up for a splashless entry.

25- What is the reference of " themselves" in the second sentence.

1. jumping events
2. golf balls
3. projectiles
4. the athletes

26- What is the meaning of "manipulate" in the third sentence?

1. jump
2. keep
3. perform
4. handle

27- Which one is the reference of "she" in the forth sentence?

1. an archer
2. a high jumper
3. an athlete
4. a diver

28- " bull's-eye" refers to

1. the center of target that the archer shoots
2. an action that stops a goal being scored
3. the final part
4. way

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1- The last stage of the disease is marked by the.....rashes on the skin.

- | | | | |
|--------------|-------------|---------------|---------------|
| 1. detection | 2. discover | 3. preference | 4. appearance |
|--------------|-------------|---------------|---------------|

2- "A mass of cells that form the different parts of humans, animal and plants" is

- | | | | |
|-----------|-----------|------------|-----------|
| 1. trauma | 2. tissue | 3. tention | 4. tendon |
|-----------|-----------|------------|-----------|

3- "ophthalmoscope" is an instrument for..... .

1. examining the interior of the ear.
2. viewing the interior of the eye.
3. listening to sb's heart and breathing.
4. measuring and recording electrical activity in the brain.

4- "The act of helping somebody to have a normal, useful life after they have been very ill for a long time" is.....

- | | | | |
|--------------|---------------|-------------------|------------|
| 1. paralysis | 2. medication | 3. rehabilitation | 4. therapy |
|--------------|---------------|-------------------|------------|

5- "A short period of running, swimming, etc very fast" is

- | | | | |
|-------------|--------------|----------------|-----------|
| 1. sportman | 2. endurance | 3. permutation | 4. sprint |
|-------------|--------------|----------------|-----------|

6- " A very small, round particle composed of RNA and protein found in the cytoplasm of living cells" is

- | | | | |
|------------|-------------|-----------|------------|
| 1. replica | 2. ribosome | 3. zygote | 4. nucleus |
|------------|-------------|-----------|------------|

7- "A race in which the competitors run very fast over a short distance" is

- | | | | |
|--------|----------|---------|---------|
| 1. bow | 2. shank | 3. dash | 4. spin |
|--------|----------|---------|---------|

8- Fill in the blanks with the correct form of word.

The term.....refers to the teaching or training of a person or a group of people to play a sport.

- | | | | |
|------------|-------------|-------------|-------------------|
| 1. compete | 2. coaching | 3. exercise | 4. administration |
|------------|-------------|-------------|-------------------|

9- A(n) is a fixed plan of food or exercise in order to improve your health.

- | | | | |
|---------------|------------------|----------|------------|
| 1. relaxation | 2. fitness class | 3. order | 4. regimen |
|---------------|------------------|----------|------------|

10- Mary suffered from a rare liver

- | | | | |
|------------|--------------|--------------|--------------|
| 1. checkup | 2. complaint | 3. palpation | 4. diagnosis |
|------------|--------------|--------------|--------------|

11- Peter's heart condition prevents the free of blood.

- | | | | |
|-------------------|----------------|---------------|---------------|
| 1. rehabilitation | 2. circulation | 3. ambulation | 4. medication |
|-------------------|----------------|---------------|---------------|

12-The new coach's strategies will improve your

- | | | | |
|----------------|-----------------|----------------|----------------|
| 1. expenditure | 2. prescription | 3. performance | 4. dehydration |
|----------------|-----------------|----------------|----------------|

13-The have finished the of the health care system.

- | | | | |
|---------------|---------------|---------------|------------|
| 1. inspection | 2. medication | 3. evaluation | 4. process |
|---------------|---------------|---------------|------------|

14-The plunged head first in to water.

- | | | | |
|------------|--------|-----------|----------|
| 1. javelin | 2. bow | 3. archer | 4. diver |
|------------|--------|-----------|----------|

part II. read the following passage and answer questions 25 to 30.

The most essential requirement in developing top level athletes is the availability of a world-class coach. If coaching is highly knowledgeable, motivated, intense, sensitive to individual needs, and successful in solving problems, the training environment should generate much success for athletes.

If the coach has poor technical or theoretical knowledge, lacks experience, is unable to direct a comprehensive program, or is not motivated, or can not spend the necessary time, the athlete will not reach his or her potential.

It is often extraordinarily difficult for sports in developing countries to create a system to develop top level coaches, but, this challenge must be faced because failure to do so, means limiting the program to a lower level. Just as there are athlete development programs, there must be development programs for

15-Their team won the swimming

- | | | | |
|------------|----------------|----------------|------------------|
| 1. compete | 2. competition | 3. competitive | 4. competitively |
|------------|----------------|----------------|------------------|

16-You are responsible for the.....of health care of the team.

- | | | | |
|-----------------|----------------|-------------|--------------|
| 1. prescription | 2. permutation | 3. recovery | 4. provision |
|-----------------|----------------|-------------|--------------|

17-Helen lost her of smell.

- | | | | |
|----------|------------|--------------|----------------|
| 1. sence | 2. sensory | 3. senseless | 4. senselessly |
|----------|------------|--------------|----------------|

18-She drinks some milk as a dietary

- | | | | |
|------------------|--------------------|-----------------|-------------------|
| 1. supplementing | 2. supplementation | 3. supplemental | 4. supplementally |
|------------------|--------------------|-----------------|-------------------|

19-The system in the body produces substances to help to fight against infection and disease.

- | | | | |
|-------------|-----------|--------------------|----------------|
| 1. immunize | 2. immune | 3. immunologically | 4. immunologic |
|-------------|-----------|--------------------|----------------|

20-The Iran volleyball national team in a(n) condition for being champion in Rio 2016 Olympic games.

- | | | | |
|------------|---------------|----------------|-------------|
| 1. optimum | 2. unpleasent | 3. performance | 4. terrible |
|------------|---------------|----------------|-------------|

21- Read the passage and answer the following questions (21-25).

Progressive exercise is thought to improve the mechanical and structural properties of tissues; good physical fitness is also considered crucial to avoiding sports injury. Preventive training includes training of muscle, mobility and flexibility, and coordination. Warm -up and cool -down are also considered to be important features of injury prevention, although there are few conclusive laboratory and clinical studies to show that these do prevent injury.

Attention needs to be paid not only to the intensity and duration of training, but also to the repetitions within an exercise period and the rest between periods, because of the reduced ultimate strength of tissues for repeated compared with single loading. Normal compressive forces, and tensile forces caused by muscle action, create an electrical potential which induces bone growth. This may explain why people who are physically active have significantly greater bone densities than those who are less active.

Training of muscle, mobility and flexibility and coordination are all considered to be

- | | |
|-------------------------|------------------------|
| 1. progressive exercise | 2. preventive training |
| 3. compressive force | 4. load area |

22- Bone growth may be induced by electrical potential created by tensile forces caused by muscle action and

- | | |
|-----------------------|---------------------------|
| 1. compressive forces | 2. bone density |
| 3. strength of tissue | 4. intensity and duration |

23- The word "these" in the line 4 refers to

- | | |
|---|---|
| 1. conclusive laboratory and clinical studies | 2. mechanical and structural properties |
| 3. mobility and flexibility | 4. warm- up and cool- down |

24- The word "which" in line 7 refers to

- | | |
|-------------------------|-----------------------|
| 1. tensile forces | 2. normal compressive |
| 3. electrical potential | 4. muscle action |

25- What is the synonym of ultimate in line 6 ?

- | | | | |
|----------|----------|----------------|------------|
| 1. final | 2. basic | 3. fundamental | 4. extreme |
|----------|----------|----------------|------------|

26-Text 2: Read the following passage and then answer the questions (26-30).

If you watch an athlete in a wheelchair race you will notice the swinging (angular) motion of the athlete's arms as they spin the wheels of the wheelchair. The rotary (angular) motion of the wheels carries both athlete and chair along the track. Down the straightaway the athlete and chair can be moving in a straight line. At the same time, the wheels exhibit angular motion. This combination of angular and linear motion is known as general motion. General motion easily be seen in an event like sprinting. In a 100m dash athletes attempt to get from the start to the finish as quickly as possible. Even though the athletes know that the shortest distance between the start and the finish is a straight line and is best satisfied by linear motion, it is possible to sprint in this fashion. If you watch any sprinter, you'll see a rise and fall of the athlete's body from one stride to the next. Some movement will be linear, but the greater part will be angular. In total, an athlete's sprinting action is best described as general motion.

In a wheelchair race, athletes have a combination of motion.

- | | |
|--------------------------|---------------------------|
| 1. rotating and spinning | 2. linear and angular |
| 3. circling and turning | 4. linear and pirouetting |

27-According to the passage, in practice, sprinter's action can be described as

- | | | | |
|------------|-----------|------------|-------------|
| 1. general | 2. linear | 3. angular | 4. swinging |
|------------|-----------|------------|-------------|

28-The word "it" in line 6 refers to

- | | | | |
|------------------|----------------------|------------------|-----------|
| 1. linear motion | 2. shortest distance | 3. straight line | 4. sprint |
|------------------|----------------------|------------------|-----------|

29-What is the meaning of "exhibit" in line 3?

- | | | | |
|------------|------------|------------|-----------------|
| 1. inhibit | 2. display | 3. present | 4. administrate |
|------------|------------|------------|-----------------|

30-It can be implied from the passage, when you watch the athlete in a wheelchair race, you will finally he has a

- | | | | |
|-------------------|------------------|------------------|-------------------|
| 1. angular motion | 2. rotate motion | 3. linear motion | 4. general motion |
|-------------------|------------------|------------------|-------------------|

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1- is the scientific study of the structure of human or animal bodies.

- | | | | |
|-------------------|------------|----------------|--------------|
| 1. Administration | 2. Anatomy | 3. Kinesiology | 4. Pathology |
|-------------------|------------|----------------|--------------|

2- Which one of the following words is the best meaning for this sentence? "Taking place within a single institution, especially a school or college."

- | | | | |
|-----------------|-----------------|--------------------|---------------|
| 1. Intermediate | 2. Intermittent | 3. Interscholastic | 4. Intramural |
|-----------------|-----------------|--------------------|---------------|

3- What does the following sentence mean? "Sports that people compete in; such as running and jumping".

- | | | | |
|------------|-------------|--------------------|---------|
| 1. Contest | 2. Exercise | 3. Track and field | 4. Race |
|------------|-------------|--------------------|---------|

4- What does the following sentence mean? "Of, pertaining, or affecting the heart and blood vessels."

- | | | | |
|-------------------|------------|----------------|---------------|
| 1. Cardiovascular | 2. Anatomy | 3. Kinesiology | 4. Physiology |
|-------------------|------------|----------------|---------------|

5- Which one of the following words is a "noun"?

- | | | | |
|--------|----------------|--------------|----------------|
| 1. Act | 2. Competitive | 3. Regularly | 4. Stimulation |
|--------|----------------|--------------|----------------|

6- To achieve this goal, it is necessary to keep the level of physical activity appropriate to the

- | | | | |
|------------------|-------------------|---------------|-----------------|
| 1. Individualize | 2. Individualized | 3. Individual | 4. Individually |
|------------------|-------------------|---------------|-----------------|

7- How many (" verbs ") are in the following sentence? "In high school, physical education becomes more individualized to meet the student's particular."

- | | | | |
|--------|--------|----------|---------|
| 1. One | 2. Two | 3. Three | 4. Four |
|--------|--------|----------|---------|

8- Which one is the (" active ") form of the following sentence? "Courses that provide the basic understanding for effective physical activity are offered by university specialists."

1. University specialists offer courses that provide the basic understanding for effective physical activity.
2. University specialists offers courses that provide the basic understanding for effective physical activity.
3. University specialists offer courses that provides the basic understanding for effective physical activity.
4. University specialist offer courses that provide the basic understanding for effective physical activity.

9- is the process of becoming smaller or thicker.

- | | | | |
|-------------------|----------------|-----------|--------------|
| 1. Administration | 2. Contraction | 3. Injury | 4. Pathology |
|-------------------|----------------|-----------|--------------|

10- What does the following sentence mean? "Abnormal enlargement of a part, organ or tissue."

- | | | | |
|-------------|------------|--------------|----------------|
| 1. Athletic | 2. Density | 3. Extremity | 4. Hypertrophy |
|-------------|------------|--------------|----------------|

11- Which one is the(" active") form of the following sentence? "It has been reported by Booth and Gould that exercise leads to hypertrophy of ligaments and tendons."

1. Booth and Gould has reported that exercise leads to hypertrophy of ligaments and tendons.
2. Booth and Gould have reported that exercise leads to hypertrophy of ligaments and tendons.
3. Booth and Gould is reported that exercise leads to hypertrophy of ligaments and tendons.
4. Booth and Gould are reported that exercise leads to hypertrophy of ligaments and tendons.

12- Which one of the following words has been used as a" verb" in the fallowing sentence? "Surprisingly, little consensus exists on how warm-up affects the mechanical properties of tissues."

1. Surprisingly – Consensus
2. Consensus - Exists
3. Exists - Affects
4. Affects - Mechanical

13- An examination of something, especially a medical one to make sure that you are healthy.

1. Checkup
2. Diagnosis
3. Electrocardiogram
4. Palpation

14- What does the following sentence mean? "A change in your body or mind that shows that you are not healthy."

1. Impulse
2. Otoscope
3. Patient
4. Symptom

15- Which one of the following words can be used as an" adjective"?

1. Apparent
2. Detail
3. Presently
4. Test

16- Which one is the passive form of the following sentence? "The examiner uses ophthalmoscope to peer into the eye."

1. Ophthalmoscope have used by the examiner to peer into the eye.
2. Ophthalmoscope has used by the examiner to peer into the eye.
3. Ophthalmoscope are used by the examiner to peer into the eye.
4. Ophthalmoscope is used by the examiner to peer into the eye.

17- A large number of cases of a particular disease happening at the same time in a particular community.

1. Ambulation
2. Disorder
3. Epidemic
4. Hygiene

18- A loss of control of, and sometimes feeling in, part or most of the body, caused by disease or an injury to the nerve.

1. Stroke
2. Paralysis
3. Spasm
4. Painful

19- Most patients undergo some sort of drug for cancer.

1. Blockage
2. Rehabilitation
3. Stroke
4. Therapy

20- Which one of the following words can be used as an "adjective"?

- | | | | |
|------------|-----------|-----------|--------------|
| 1. Injured | 2. Injury | 3. Injure | 4. injuredly |
|------------|-----------|-----------|--------------|

21- Physical therapy uses exercise and other physical measures to pain and disorders of mobility.

- | | | | |
|--------------|------------|------------|----------|
| 1. Alleviate | 2. Cripple | 3. Restore | 4. Wound |
|--------------|------------|------------|----------|

22- All physical therapy procedures influence Status and for restorative or therapeutic purposes.

- | | |
|------------------------------|------------------------------|
| 1. Physiological - Is used | 2. Physiological - Are used |
| 3. Physiologically - Is used | 4. Physiologically - Are use |

23- is the process of losing too much water from your body.

- | | | | |
|--------------|--------------|--------------|----------------|
| 1. Depletion | 2. Nutrition | 3. Reduction | 4. Dehydration |
|--------------|--------------|--------------|----------------|

24- We should try to keep a between work and relaxation.

- | | | | |
|---------|------------|------------|----------------|
| 1. Food | 2. Balance | 3. Fatigue | 4. Expenditure |
|---------|------------|------------|----------------|

25- What does the following sentence mean? "A return to the normal condition."

- | | | | |
|-------------|--------------|-----------------|----------------|
| 1. Recovery | 2. Provision | 3. Reproduction | 4. Permutation |
|-------------|--------------|-----------------|----------------|

26- Which one of the following words can be used as "noun"?

- | | |
|---------------|--------------------|
| 1. Supplement | 2. Supplementation |
| 3. Motivate | 4. Motivational |

27- A differentiated structure within a cell, such as mitochondrion or chloroplast, that performs a specific function.

- | | | | |
|---------------|-------------|--------------|------------|
| 1. Chromosome | 2. Membrane | 3. Organelle | 4. Replica |
|---------------|-------------|--------------|------------|

28- is the process in which a complex substance is formed from other substances.

- | | | | |
|--------------------|--------------|--------------|-----------|
| 1. Phosphorylation | 2. Ribosomes | 3. Synthesis | 4. Zygote |
|--------------------|--------------|--------------|-----------|

29- The building of an organism, like that of a house, more than materials.

- | | | | |
|------------|-------------|------------------|-----------------|
| 1. Require | 2. Requires | 3. Have Required | 4. Has Required |
|------------|-------------|------------------|-----------------|

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